



Commodity	Postharvest	Best Temp	Best Temp	Relative Humidity	Highest Freez.	Highest Freez.	Ethylene Production	Ethylene Sensivity
	Life (days)	Fahrenheit	Celcius	%	Point F.	Point C.		
Amaranth	10-14	32-36	0-2.2	95-100			VL	M
Anise	14-21	32-36	0-2.2	90-95				
Apples	90-240	32-34	-0-1	90-95	30	-1	VH	H
Apricots	7-14	32	0	90-95	30,1	-1,1	M	H
Artichokes	10-16	33-38	1.1-3.3	95-100	29,9	-1,2	VL	L
Asian Pears	150-180	34-36	1.1-2.2	90-95			H	H
Asparagus	10-21	32-35	0-1.7	95-100	30,9	-0,6	VL	M
Atemoyas	28-42	55-58	12.8-14.4	85-90			H	H
Avocados								
Cold-Tolerant	14-28	40	4.4	85	31,5	-0,3	H	H
Cold-Intolerant	14-28	55	12.8	85-90	31,5	-0,3	H	H
Babacos	7-21	45-48	7.2-8.9	85-90				
Bananas	7-28	56-58	13.3-14.4	90-95	30,6	-0,8	M	H
Barbados	49-56	34-36	1.1-2.2	85-90				
Cherries								
Beans								
Green/Snap	7-14	40-45	4.4-7.2	95	30,7	-0,7	L	M
Lima	7-14	37-41	2.8-5	95	31	-0,6	L	M
Bean Sprouts	7-21	34-36	1.1-2.2	95-100				
Beets, Roots	30-90	32	0	98-100	30,3	-0,9	VL	L
Belgian Endive	14-28	36-38	2.2-3.3	95-98			VL	M
Bitter Melons	14-21	53-55	11.7-12.8	85-90			L	M
Blackberries	2-3	32-32	-0.6-0	90-95	30,5	-0,8	L	L
Black Radishes	60-120	34-36	1.1-2.2	90				
Black Sapotes	14-21	55-60	12.8-15.6	85-90				
Blood Oranges	21-56	40-44	4.4-6.7	90-95				
Blueberries	10-18	31-32	-0.6-0	90-95	29,7	-1,3	L	L

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Bok Choy	21	32-34	0-1.1	95-100			VL	H
Breadfruit	14-40	55-60	13-15	85-90				
Broccoli	10-14	32	0	95-100	30,9	-0,6	VL	H
Brussels Sprouts	21-35	32	0	95-100	30,5	-0,8	VL	J
Cabbage	90-180	32	0	98-100	30,4	-0,9	VL	H
Cactus Pears	21	40	2.2-4.4	90-95			VL	M
Caimitos	21	38	3.3	90				
Calabazas	60-90	50-55	10-12.8	50-70				
Calamondin	14	48-50	8.9-10	90				
Canistel	21	55-60	12.8-15.6	85-90				
Cantaloupe	10-14	35-40	1.7-4.4	90	29,9	-1,2	H	M
Carambola	7-28	40	4.4	85-90				
Carrots, Topped	28-180	32	0	98-100	29,5	-1,4	VL	H
Cassavas	30-60	32-41	0-5	85-90			VL	L
Cauliflower	14-21	32	0	90-98	30,6	-0,8	VL	H
Celery	14-28	34-36	0-1.7	85-90	31,1	-0,5	VL	M
Celery Root	180-240	33-35	0.6-1.7	95-100				
Cherimoyas	14-28	50	10	90-95			H	H
Cherries, Sweet	10-21	32	0	90-95	28,8	-1,8		
Chicory	14-28	33-35	0.6-1.7	95-100				
Chinese Broccoli	10-14	32	0	95-100			VL	H
Chinese Cabbage	60-90	32	0	95-100				
Chinese Long Beans	7-10	40-45	4-7	90-95				
Clementines	14-28	38-40	3.3-4.4	90-95				
Coconuts	30-60	32-35	0-1.7	75	30,4	-0,9	L	H
Corn, Sweet	4-10	34-38	1.1-3.3	85-90	30,9	-0,6		
Cranberries	30-120	38-40	3.3-4	90-95	30,4	-0,9	L	L
Cucumbers	10-14	45-50	7.2-10	90-95	31,1	-0,5	L	H
Custard Apples	28-42	41-45	5-7.2	85-90				
Daikon	120	32-34	0-1.1	95-100			VL	L
Dasheen	42-140	52-56	11.1-13.3	85-90				

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Durian	42-56	39-42	3.9-5.6	85-90				
Eggplant	10-14	46-54	7.8-12	90-95	30,6	-0,8	L	M
Endive/Escarole	14-21	32	0	90-95	31,9	-0,1	VL	M
Feijoas	14-21	41-50	5-10	90			M	L
Figs, Fresh	7-10	34	1.1	85-90			M	L
Garlic	90-210	32-34	0-1.1	65-75	30,,5	-0,8	VL	L
Ginger Root	90-180	55-56	12.8-13.3	85-90			VL	L
Granadillas	21-28	50	10	85-90				
Grapefruit	28-42	50-55	10-12.8	85-90	30	-1,1	VL	M
Grapes	56-180	32	0	85	29,7	-1,3	VL	L
Guavas	14-21	48-50	8.9-10	85-90			L	M
Haricot Verts	7-10	40-45	4.4-7.2	95				
Honeydew								
C2h4 Treated	14-21	45-50	7.2-10	90-95	30,5	-0,8		
Horseradish Root	300-350	34-36	1.1-2.2	95-100				
Jaboticabas	2-3	55-60	12.8-15.6	90-95				
Jackfruit	14-45	54-56	12.2-13	85-90			M	M
Jaffa Oranges	56-84	46-50	7.88-10	85-90				
Japanese Eggplant	7	46-54	7.8-12.2	90-95				
Jerusalem								
Artichokes	120-150	31-32	-0.5-0	90-95			VL	L
Jicama	30-60	55-65	12.8-18.3	65-70			VL	H
Kale	10-14	34-36	1.1-2.2	95-100			VL	M
Kiwano Melons	180	50-60	10-15.6	90				
Kiwifruit	28	32	0	90-95	29	-1,7	L	H
Kohlrabi	30-150	34-36	1.1-2.2	95-100			VL	L
Kumquats	14-28	40	4.4	90-95				
Langsats	14	52-58	11.1-14.4	85-90				
Leeks	60-90	32	0	95-100	30,7	-0,7	VL	M
Lemons	14-168	45-48	7.2-8.9	85-90	29,4	-1,4		
Lettuce	14-21	34-36	1.1-2.2	98-100	31,7	-0,2	VL	H

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Limes	30-60	55	12.8	85-90	29,1	-1,6		
Limequats	21-28	50	10	90-95				
Lo Bok	60-120	32-35	0-1.7	95-100				
Longans	21-35	35	1.7	90-95				
Loquats	14-21	32	0	90				
Lychees	21-35	35-36	1.7-2.2	90-95			M	M
Malangas	90	45	7.2	70-80			VL	L
Mamey Sapotes	14-42	55-60	12.8-15.6	90-95			H	H
Mangoes	14-21	55	12.8	85-90	30,3	-0,9	M	M
Mangosteen	14-25	54-56	12.2-13.3	85-90			M	H
Melons, Mixed	14-21	50	10	90-95	30,5	-0,8		
Mushrooms	5-7	34-38	1.1-3.3	85-90	30,4	-0,9		
Nectarines	14-21	31-32	-0.6-0	90-95	30,4	-0,9	M	H
Okra	7-10	43-45	6-7	85-95	28,7	-1,8	L	M
Onions, Bulb	30-180	32	0	65-70	30,6	-0,8	VL	L
Onions, Green	7-10	32	0	95-100	30,4	-0,9	L	H
Oranges	21-56	45-48	7.2-8.9	85-90	30,6	-0,8	VL	M
Papayas	7-21	50-55	10-12.8	85-90				
Parsley	30-60	32	0	95-100				
Parsnips	120-150	33-35	0.6-1.7	95-100				
Passion Fruit	21-35	45-54	7-12.2	85-95			VL	H
Peaches	14-28	32-32	-0.6-0	90-95	30,4	-0,9	H	H
Pears	60-90	32	0	90-95	29,2	-1,6	H	H
Peas, Pods	7-10	32-35	0-1.7	85-95	30,9	-0,6	VL	M
Pepino Melons	30	40-42	4.4-5.6	85-90			L	M
Peppers, Bell	14-21	45-50	7.2-10	85-90	30,7	-0,7	L	L
Peppers, Chili	14-21	38-44	3.3-6.7	60-70	30,7	-0,7	L	M
Persimmon, Fuyu	35-84	48-50	8.9-10	90-95			L	H
Persimmon, Hachiya	50-90	40-45	4.4-7.2	90-95			L	H
Pineapple Mature-Green	14-36	50-55	10-12.8	85-90	30	-1,1		

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Ripe	14-36	45	7.2	85-90	30	-1,1	L	L
Plantains	7-35	54-58	12.2-14.4	85-95			L	H
Plums/Prunes	14-28	32	05	90-95	30,5	-0,8	M	H
Pomegranates	28-90	41		90-95				
Potatoes								
Early Crop	10-14	45-50	7.2-10	90	30,9	-0,6	VL	M
Late Crop	56-140	45-50	7.2-10	90	30,9	-0,6	VL	M
Pummelos	84	45-48	7.2-8.9	85-90				
Pumpkins	84-160	50-60	10-15.6	50-75	30,5	-0,8	L	M
Quinces	60-90	31-32	-0.5-0	90				
Radicchio	14-21	32-34	0-1.1	95-100				
Radishes	10-21	32	0	95-100	30,7	-0,7	VL	L
Rambutan	7-21	50-54	10-12.2	85-90				
Raspberries								
Black	2-3	32	0	90-95	30	-1,1	L	L
Red	2-3	32	0	90-95	30,9	-0,6	L	L
Rhubarb	14-21	33-35	0.6-1.7	95-100			VL	L
Romaine	14-21	32	0	95	31,7	-0,2		
Rutabagas	120-180	32	0	98-100				
Salsify	60-120	33-35	0.6-1.7	95-100			VL	L
Santol	21	45-48	7-9	85-90				
Sapodillas	14-21	60-68	15.6-20	85-90				
Satsumas	56-84	37-39	2.8-3.6	85-90			H	H
Seedless								
Cucumbers	10-14	50-55	10-13	85-90				
Shallots	180-240	32	0	95-100			L	L
Soursop	7-14	55	13	85-90				
Spinach	10-14	32	0	95-100	31,5	-0,3	VL	H
Squash								
Soft	7-14	41-50	5-10	95	31,1	-0,5	L	M
Hard	30-180	50-55	10-2.8	70-75	30,5	-0,8	L	M
Sugar Apples	28	45	70	85-90			H	H

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Strawberries	5-7	32	12.8-15.6	90-95	30,6	-0,8	L	L
Sweet Potatoes	120-210	55-60	0-4	85-90			VL	L
Tamarillos	28-70	32-40	6.7-7.8	85-95			L	M
Tamarinds	21-28	44-46	4.4	90-95			VL	VL
Tangerines	14-28	40		90-95	30,1	-1,1	VL	M
Tomatoes								
Mature-Green	21-28	62-68	15.6-21.1	85-88			VL	H
Pink	4-7	62-68	15.6-21.1	85-88			H	L
Tomatillos	21	55-60	12.8-15.6	85-90			VL	M
Turnips	120	32	0	90-95			VL	L
Uniq Fruit	14-21	40-45	4.4-7.2	90-95				
Water Chestnuts	30-100	32-40	0-4.4	85-100				
Watercress	4-21	33-35	0.6-1.7	95-100			VL	H
Watermelon	14-21	50-60	10-15.6	90	31,3	-0,4	VL	H
White Sapotes	14-21	40	4.4	85-90				
White Asparagus	14-21	32-36	0-2	95-100				
Winged Beans	28	50-55	10-12.8	90				

Recommended temperature and fresh-air exchange settings are for general guidance only. These recommendations are based on standardized assumptions and industry research. Optimum settings may differ depending on the specific commodity, post-harvest handling determining the optimum settings best suited for their cargo.

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